TUCKING

What is tucking?
Tucking is a practice where the testicles (if present) are moved into the inguinal canal and the penis and scrotum are moved to the back in the perineal area (or groin), for a physically smooth contour of the crotch area.

What should I use to tuck?
Form-fitting underwear or a special undergarment is worn to maintain this alignment.

What should I avoid?
Do not use tapes or adhesives directly to the skin as they can cause irritation and cut off circulation.

Common Risks:
- Tucking is associated with increased risk for urinary tract infections (UTIs). Limit tucking to less than 4 hours at a time and make sure to urinate throughout the day.
- Skin irritation due to increased heat and sweat can occur. Check your skin daily and avoid tucking if irritation occurs. If you develop a painful rash with drainage or other signs of infection, contact your provider.

rev. 07/2022