

## Gender Affirming Facial Feminization Surgery

### Who will be my surgeon?

Gender affirming facial feminization surgery is performed by our partner surgeons at Kaiser Permanente Southern California. Their surgeons are board certified in plastic surgery and head and neck surgery with extensive experience and training in facial feminization surgery.

### What can I expect at my consult?

At your consult, your surgeon will discuss the different facial feminization procedures and which (if any) procedures would be medically indicated for you. Based on your facial structure, you may be eligible for multiple procedures, one procedure, or your surgeon may determine that no procedures are medically indicated for you.

### How will my surgeon determine what is medically indicated for me?

Procedures that meet reconstructive surgery standards are medically indicated. For the procedure to be considered reconstructive, the current facial structure must fall outside the wide range of normal for a feminine face. If a procedure does not meet reconstructive standards, the procedure is not considered medically indicated and therefore would be considered cosmetic.

### What are some of the common facial feminization procedures?

- **Forehead feminization:** A procedure that feminizes the forehead area, including hairline advancement, frontal sinus set back and brow reshaping.
- **Mandible contouring:** A procedure that feminizes the jaw and/or chin

### What are other less common facial feminization procedures?

- **Rhinoplasty:** a procedure to feminize the nose

### What are examples of facial reconstructive procedures that typically are not medically indicated for facial feminization?

- Blepharoplasty (eyelid surgery)
- Cheek augmentation
- Lip lift
- Face lift

### How can I learn more about my benefits?

Call Member Services at 808-432-2000

### What do I need to know about the day of surgery?

Your surgeon will schedule a pre-op appointment with you prior to your surgery date and give you all the necessary instructions for surgery and post op care.

Your surgery will be done in an Operating Room under general anesthesia. You may go home the same day as surgery, or you may spend one night in the hospital after surgery.